



## Soups

Chilled Apple-Ginger Bisque  
120 calories, 0 grams of fat, 0 grams of fiber  
\$6.50

Soup du Jour  
\$6.50

## Starters

Trio of Hummus with  
Bagel Chips and Lavosh  
140 calories, 3 grams of fat, 6 grams of fiber  
\$7.50

Grilled Asparagus with  
Champagne Vinaigrette  
157 calories, 15 grams of fat, 3 grams of fiber  
\$8.50

Artisan Cheese and Fruit  
300 calories, 16 gram of fat, 8 grams of fiber  
\$12.50

## Salads

Fresh Spinach and Fig Salad with  
Spicy Roasted Pecans, Bleu Cheese, and  
White Balsamic Vinaigrette  
230 calories, 6 grams of fat, 6 grams of fiber  
\$10.50

Roasted Eggplant Salad with Baked  
Pita Chips and Yogurt Sauce  
245 calories, 6.4 grams of fat, 10.8 grams of fiber  
\$13.50

Pear and Stilton with Baby Lettuce,  
Walnuts and Port Dressing  
121 calories, 7 grams of fat, 3 grams of fiber  
\$13.50

Spa Salad with Assorted Baby Lettuce  
Leaves, Mandarin Orange Segments,  
Sunflower Seeds and Raspberry Vinaigrette  
155 calories, 6 grams of fat, 6 grams of fiber  
\$9.50

## Plates

Salad Nicoise with Grilled Ahi Tuna  
Red Bliss potatoes, French beans, red bell peppers,  
tomato, onion and Caper vinaigrette  
200 calories, 11 grams of fat, 12 grams of fiber  
\$14.50

Sliced Pepper Crusted Tenderloin of Beef  
with French Style Potato Salad  
475 calories, 10 grams of fat, 2 grams of fiber  
\$15.50

Portabella and Smoked Gouda in a Whole  
Grain Wrap with Herb  
Mayonnaise and Side Salad of the Day  
325 calories, 7 grams of fat, 4 grams of fiber  
\$13.50

Shrimp Salad with Pita served with  
Side Salad of the Day  
100 calories, 4 grams of fat, 6grams of fiber  
\$14.50

Turkey, Tomato and Spinach  
Pesto on Multigrain Baguette  
served with Side Salad of the day  
280 calories, 11 grams of fat, 6 grams of fiber  
\$13.50

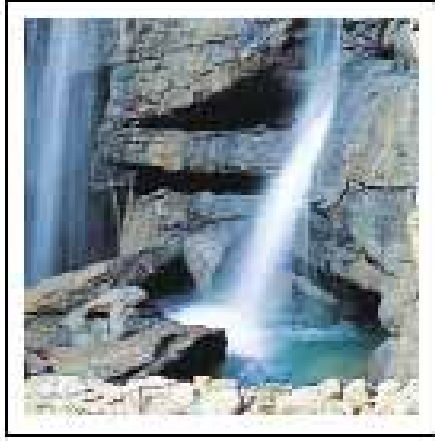
Grilled Chicken Salad Wrap served with  
Side Salad of the Day  
435 calories, 9 grams of fat, 8 grams of fiber  
\$13.50

## Desserts

Angel Food Cake with Berry Coulis  
160 calories, 6 grams of fat, 2 grams of fiber  
\$7.50

Chocolate Flourless Torte  
with Fresh Berries  
190 calories, 9 grams of fat, 3 grams of fiber  
\$8.50

Lemon Cream Pie  
250 calories, 7.2 grams of fat, 0.6 grams of fiber  
\$8.50



## Non-Alcoholic Beverages

Smoothie  
(Fruit and Yogurt)  
\$6.00

Fresh Brewed Iced Tea  
\$2.25

Soda  
(Pepsi, Diet Pepsi, Sierra Mist,  
Schweppes Ginger Ale)  
\$3.00

Juice  
(Cranberry, Orange, Pineapple,  
Grapefruit, Tomato)  
\$3.50

Bottle Water  
(Aquafina, Perrier)  
\$3.00

Vitamin Water  
(Energy, Revive, Power-C, Multi-Vitamin)  
\$4.00

Smart Water  
(Electrolyte enhanced water, 1 liter)  
\$5.00

Hot Tea  
\$2.25

Coffee  
(Regular or Decaffeinated)  
\$2.25

Hot Chocolate  
\$2.00

Soy Milk or Skim Milk  
\$2.00

## Liquor & Beer

### Liquor

Absolut Vodka  
Bombay Sapphire Gin  
Bacardi Rum  
Captain Morgan's Spiced Rum  
Jose Cuervo Gold Tequila  
Jack Daniel's Whiskey  
Dewar's White Label Scotch  
Bailey's Irish Crème  
Kahlua

### Beer

Domestic Beers  
Bud Lite, Michelob Ultra  
\$3.75

Imported Beers  
Corona, Newcastle, Heineken, Highland  
Gaelic Ale  
\$4.75

## Wine List

Glass / Bottle

The Grove Park Inn Resort & Spa  
Chardonnay, Sonoma  
\$8.75/\$32.00

The Grove Park Inn Resort & Spa Cabernet  
Sauvignon, Sonoma  
\$8.75/\$32.00

MacMurray Ranch Pinot Noir, Sonoma  
\$11/\$41.00

Maso Canali Pinot Grigio Trentino, Italy  
\$9.50/\$35.00

Coppola Sofia Blanc de Blanc, Carneros,  
187mL  
\$9.50

Beringer White Zinfandel, CA  
\$6.25/\$21.00

Whitehaven Sauvignon Blanc,  
Marlborough, New Zealand  
\$9.50/\$35.00

Coppola Sofia Rose, Carneros  
\$9.50/\$34.00

JH Selbach Kabinett Riesling  
\$8.00/\$29.00

Red Rock Merlot, CA  
\$8.25/\$29.00